

# Raising Children in the Bay Area

- 1) Newborns — Parental leave rights; Lactation rooms
- 2) Preschool child — UCSF preschool sites, how to apply, waiting list. Child care referral service
- 3) Elementary school child — Kindergarten panel discussion; day camps, aquatics etc.
- 4) Teen and high school child — Day campus (summer, winter, UCSF holidays), workshops/seminars sponsored by UCSF Campus Life Services.
- 5) Back-up Care program, UCSF child care referral service and Sittercity service (applicable to all age groups)

# myfamily.ucsf.edu



## Listserv: KIDCARE@LISTSRV.UCSF.EDU

# Family information talks

- **SF Unified School District Kindergarten Info Nights:** September 13, 7-8:30 pm, Laurel Heights Campus, Garden Room, 2nd Floor and October 4, 5:30-7pm Parnassus Campus, Toland Hall.
- **Kindergarten Readiness for Kids and Parents** with Lynn Kanter-Levy. Thursday, September 27, 5-6 pm. UCSF Parnassus Campus, Toland Hall.
- **Private School Info Session** with Lynn Kanter-Levy. Thursday, September 27, 6-7 pm. UCSF Parnassus Campus, Toland Hall.
- **The Mindful Child: The ABC's of Attention, Balance and Compassion** Susan Kaiser Greenland, JD. (in conjunction with UCSF Living Well), January 23, 2013.